

Your Training Plan

This training plan is designed to lead you through the proven HimaReddy Trifecta Trading step-by-step!

The HimaReddy Trifecta Trader starts with the systems and service listed below.

You may access your systems available to you at <https://himareddy.xperificify.io/> (my online training platform).

If you are interested in learning more about the HimaReddy Trifecta Trader systems addressed in this training plan, please email me at hima.reddy@himareddy.com

This is a 3-month (90 day) Step-by-Step Training. After leading thousands of others through training, I find 3 months to be the ideal balance leading to your long-term success. You will have greater success when you focus on incrementally improving your trading business over time.

Of course, you can adjust this pace based on your schedule and goals.

I encourage you to strike the right balance between fast tracking and prolonging this training.

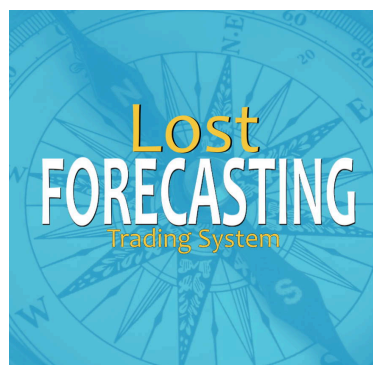
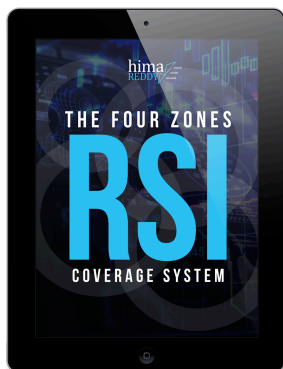
- If you push through this training too fast, you run the risk of not sustaining your new habits.
- If you extend this training over many months, you run the risk of losing momentum.

I am setting you up to succeed!



~ Hima

HimaReddy Trading Trifecta



Training Plan

Congratulations on committing to boosting your trading business! This training plan is designed to help you accelerate through the HimaReddy Trifecta Trader system step-by-step.

First we're going to establish your goals, protect your time, and create your accountability.

1. What motivates you? What motivates you to invest time in this training?

Use this source of inspiration throughout the training to completion so you can experience all the benefits of a better way of working.

2. What are your goals? What are you hoping to achieve in this training?

3. How would you rate your trading habits?



5 Keys to Boost Your Trading	Self-Assessment (before training)					Self-Assessment (after training)				
	Low				High	Low				High
Finding the best trade	1	2	3	4	5	1	2	3	4	5
Confirming the setup	1	2	3	4	5	1	2	3	4	5
Entering the trade	1	2	3	4	5	1	2	3	4	5
Managing the trade	1	2	3	4	5	1	2	3	4	5
Maximizing my profits	1	2	3	4	5	1	2	3	4	5



4. What is your accountability plan? Choose 3 measurable actions.




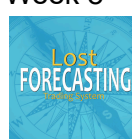
5. What will bring you success in this training? Choose 3-5 simple Action Steps.



Your Training Schedule






This plan is designed to fit into your existing schedule. Each weekly time commitment is a small price to pay for the cumulative boosts to your trading business you'll experience. We recommend blocking time in your calendar for this complete training. Protect time for this training before other activities get in the way. Ideally, pick a consistent day and time each week. NOTE: Depending on your product access, follow your badges for that product. If you are doing the complete Trifecta, please follow these steps in order for the best results.

Week	Focus	Homework (Estimated Time Commitment)	Date & Time (Plot this time in your calendar)
Week 0 	Planning	<input type="checkbox"/> Complete this training plan: answer the questions and block time in your calendar for each module (20min.) <input type="checkbox"/> Test your system portal logins and bookmark to your browser (5 min) <input type="checkbox"/> Make sure notifications from hima.reddy@himareddy.com and support@himareddy.com are coming through to your email inbox (5 min) <input type="checkbox"/> Read any lessons emails you may receive pertaining to your product (s) (10 min)	ex. Jan1 10pm
Week 1 	Four Zones RSI Coverage System First Time Application	<input type="checkbox"/> Read the Winning RSI Playbook (15 min) <input type="checkbox"/> Read the Bull Bear RSI FaceOff ebook (20 min) <input type="checkbox"/> Complete the Four Zones RSI Rapid Results Quick Start Guide>> , including installing the RSI Power Zones Indicator to your trading platform (10 min) <input type="checkbox"/> Be sure to Download your Daily Trading Shortcut Cheat Sheets to take notes as you learn from the videos (5 min) <input type="checkbox"/> Start watching the Video Tutorials up to 60 min at a time (then take at least a 5 min break before resuming...)	

<p>Week 2</p> 	<p>Four Zones RSI Coverage System</p> <p>Weekly Application</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Finish watching or re-watch the video Tutorials, up to 60 min at a time (then take at least a 5 min break before resuming) <input type="checkbox"/> Observe your RSI Power Zones indicator on at least 2 different active markets and two different time chart time frames <input type="checkbox"/> Watch for trade setups that fit your risk:reward ratio and max risk size to paper trade and be sure to apply full trade management <input type="checkbox"/> Write down any questions that come up (10 min) <input type="checkbox"/> Check your Four Zones RSI Coverage System portal resources for answers (10 min) <input type="checkbox"/> Set aside remaining questions to bring to next Monthly Group Coaching LIVE (5 min). You can find the schedule at himareddy.com under <i>Live Events</i>. <input type="checkbox"/> Ask your peers/Hima in the members Facebook Group or Four Zones Forum in Xperiencify (5 min) 	
<p>Week 3</p> 	<p>S&P Edge Pro: First Time Application</p> <p>Futures</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Complete the Quick Start Guide including registering for this month's weekly Futures Trading Labs Live with Hima (2 min) <input type="checkbox"/> Look up the most recent <i>Skinny on the Mini</i> report in the S&P Edge Pro portal covering the E-mini S&P 500 futures (1) <input type="checkbox"/> Read the <i>Skinny on the Mini</i> report in full (10 min) <input type="checkbox"/> Start watching the S&P Academy Video Tutorials up to 60 min at a time (then take at least a 5 min break before resuming...) 	
<p>Week 4</p> 	<p>S&P Edge Pro: Weekly Application</p> <p>Futures</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Do the Beginner, Intermediate, or Advanced Application to at least 1 futures report depending upon your trading level (5 min) <input type="checkbox"/> Re-read the <i>Skinny</i> reports from the past week on the days that you traded (20 min) <input type="checkbox"/> Continue watching the S&P Academy Video Tutorials up to 60 min at a time (then take at least a 5 min break before resuming...) <input type="checkbox"/> Write down any questions that come up (10 min) <input type="checkbox"/> Post the questions on the portal lesson page, in the S&P Edge Pro forum, or in our members Facebook Group (5 min) 	

<p>Week 5</p> 	<p>S&P Edge Pro:</p> <p>Charts Setup</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Practice analyzing your charts like Hima, choosing at least 3 of the tools to draw on your own <input type="checkbox"/> Continue watching the S&P Academy Video Tutorials up to 60 min at a time (then take at least a 5 min break before resuming...) <input type="checkbox"/> Write down any questions that come up (10 min) <input type="checkbox"/> Post the questions on the portal lesson page, in the S&P Edge Pro forum, or in our members Facebook Group (5 min) 	
<p>Week 6</p> 	<p>Skinny on the Markets:</p> <p>Futures Trading Labs</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Attend at least one weekly Futures Trading Lab Live with Hima <input type="checkbox"/> Pull up the related shared files that Hima uses (Trading Journal, Interactive Checklist, etc.) so that you can best follow along with the action <input type="checkbox"/> Write down any questions that come up (10 min) <input type="checkbox"/> Post the questions on the portal lesson page, in the S&P Edge Pro forum, or in our members Facebook Group (5 min) 	
<p>Week 7</p> 	<p>Lost Forecasting Trading System</p> <p>First Time Application</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Complete the Lost Forecasting Quick Start Guide>>, including addressing your RSI Power Zones indicator settings <input type="checkbox"/> Download your Daily Trading Guide <input type="checkbox"/> Start watching the Video Tutorials up to 60 min at a time (then take at least a 5 min break before resuming...) 	
<p>Week 8</p> 	<p>Lost Forecasting Trading System</p> <p>Weekly Application</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Finish watching or re-watch the video Tutorials <input type="checkbox"/> Observe price action for opportunities to apply the forecasting tools on at least 2 different active markets and two different time frames <input type="checkbox"/> Watch for trade setups that fit your risk:reward ratio and max risk size to paper trade and be sure to apply full trade management <input type="checkbox"/> Write down any questions that come up (10 min) <input type="checkbox"/> Check your Lost Forecasting portal resources for answers (10 min) <input type="checkbox"/> Set aside remaining questions to bring to next Monthly Group Coaching LIVE (5 min) 	

		<input type="checkbox"/> Ask your peers/Hima in the Lost Forecasting Forum or members Facebook Group (5 min)	
Week 9   	HimaReddy Trader Trifecta: Futures Trading Labs and Group Coaching	<input type="checkbox"/> Review the most recent Monthly Group Coaching Live and Futures Trading Lab videos to see Hima's application of the Trifecta (60 min) <input type="checkbox"/> For any teachings Hima discussed or showed that you're not 100% clear on, go back and watch the related video tutorial (60 min max, with 5 min break before resuming)	
Week 10   	HimaReddy Trader Trifecta: Practice Application	<input type="checkbox"/> Check at least two active markets on two different time frames for setups in price, momentum, and time based on your modules access (30 min) <input type="checkbox"/> Watch for trade setups that fit your risk:reward ratio and max risk size to paper trade and be sure to apply full trade management (length of time depends upon whether you swing or day trade, should fall under 60 min of observation time) <input type="checkbox"/> Write down any questions that come up (10 min) <input type="checkbox"/> Check your system portal resources for answers (10 min) <input type="checkbox"/> Set aside remaining questions to bring to next Monthly Group Coaching LIVE (5 min) <input type="checkbox"/> Ask your peers/Hima in your individual product forums or the members Facebook Group (5 min)	
Week 11 	HimaReddy Trader Trifecta: Review and fill in the gaps	<input type="checkbox"/> Browse through the menus in your system portals and jot down any videos you'd like to review or concepts you may need to revisit it (15 min) <input type="checkbox"/> Go back and review the noted videos or content (up to 60 min at a time then a 5 min break before resuming) <input type="checkbox"/> Write down any questions that come up (10 min)	

 		<ul style="list-style-type: none"> <input type="checkbox"/> Check your system portal resources for answers (10 min) <input type="checkbox"/> Set aside remaining questions to bring to next Monthly Group Coaching LIVE (5 min) <input type="checkbox"/> Ask your peers/Hima in your individual product forums or the members Facebook Group (5 min) 	
<p>Week 12</p>   	<p>HimaReddy Trader Trifecta:</p> <p>Review and track your progress</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Review your goals and assess your trading habits, based on page 1 of this plan (15 min) <input type="checkbox"/> Share your questions and successes in our members Facebook group (5 min) <input type="checkbox"/> Continue to rock your trading! 	

Need more help?

Please let us know! We welcome your ideas and we want you to succeed. You can:

- Learn more about Hima's Mentorship programs and apply to receive a complimentary, 25 minute Breakthrough Call by heading to <https://himareddy.com/product/personal-coaching/>
- Check out our other products and services at <https://himareddy.com/products/>
- [Subscribe to My YouTube channel>>](#) for fast alerts on my market analysis videos!
- Follow me **@himareddycmt** on [Facebook](#), [Twitter](#), [Instagram](#) and [TikTok](#) for 1-minute bite sized video lessons and more in line with the HimaReddy mission: *to empower traders with proven research and education so you can take charge of your own financial freedom!*